



WHATEVER YOUR BEAUTY DILEMMA, WE'LL HELP YOU LOOK GORGEOUS IN SECONDS!

MYLEENE SAYS



'My skin was really temperamental during the first 12 weeks, but then settled down – so don't panic if you've got the odd extra spot. Do take time to pamper yourself, though. I massaged oil into my bump to keep stretchmarks at bay. Gray said it was like sleeping next to an oil slick!'

LOOKING GOOD

Get great skin on any budget...

Collection 2000 Natural Matt Foundation plus Minerals, £3.49, gives great coverage without looking too heavy – good staying power, too.

Hissyfit Saving Face Anti-Aging Foundation plus SPF, £22, combines fantastic coverage with anti-aging broad-spectrum sun protection – important even in the winter. A little goes a long way, so it's good value for money. Visit hissyfit.com.

GET GORGEOUS

Green People Organic Formula Sensuous Body Butter £18.50, greenpeople.co.uk

Wage war on stretchmarks with this super-hydrating body butter. With coconut, pomegranate and rosehip, it smells good enough to eat, while omega oils keep skin supple and hydrated. Slather over your bump before bed, and you'll wake up with super-soft skin!



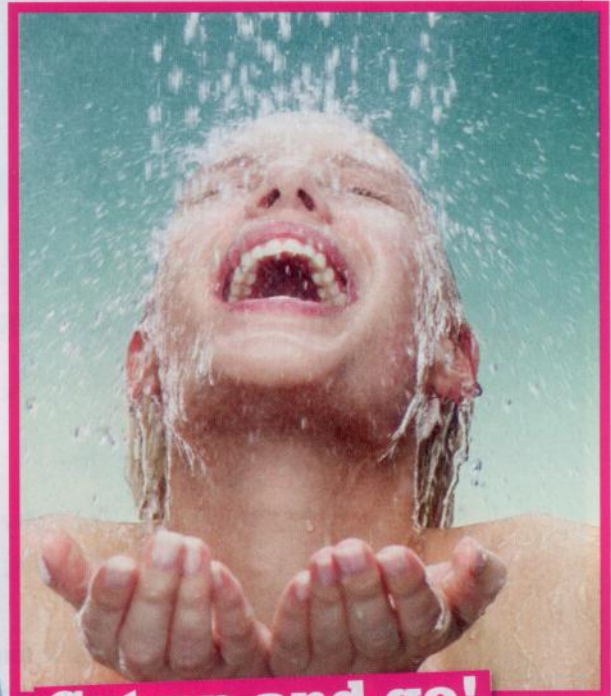
FIRM UP YOUR NEW-MUM TUM

SPEND

Vita Cura Triple Action Slimming Body Cream, £28, promises to help smooth skin and reduce cellulite by up to 80%. Visit repechage.uk.com.

SAVE

Nivea My Silhouette! Body Gel-Cream, £12.45, is said to help reshape problem bits and improve skin tone – 80% of testers said their skin felt noticeably firmer after four weeks. Visit nivea.co.uk.



Get up and go!

Ease pregnancy sickness or add a bit of zing to those new-mum early starts...

The Pink Cow Lemon Cheesecake Bath & Shower Gel, £2.99, Boots Wake up mind and body with this gorgeous fragrance.

Satsuma Shower Gel, £5.85, The Body Shop This really does smell like summer – whatever the weather!

Original Source Lemon And Tea Tree Shower, £1.99, Boots It doesn't get much zestier than this – you'll be raring to go in no time...



Mums' SECRET WEAPON

Olay Total Effects Eye Touch of Concealer, £18.99, olay.co.uk Bump so big you're having trouble sleeping? Baby not too keen on the old shut-eye? Brighten and de-puff tired eyes with this wondrous multi-tasker, new from Olay – reduce wrinkles and cover up dark circles all in one easy application. A make-up bag must-have for every mum!

