

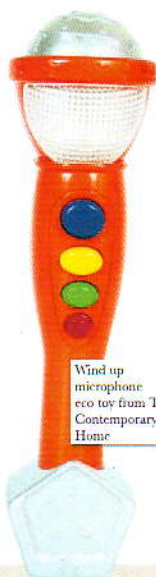
# Eco DIARY

All things natural, organic and sustainable are what you want to see!



## \* Editor's choice!

Having recently discovered the delicious Trilogy skincare range, I had to share my excitement at finding a beauty brand that rates ethics and responsibility on a par with top-notch results. The mainstay of the range – which includes everything for face, body and hair care – is the certified organic rosehip oil which is choc-full of Omega 3, 6 & 9, essential fatty acids and antioxidants. Plus it's been clinically tested and shown to help minimise the appearance of wrinkles, smooth skin and improve skin moisture levels. Trilogy is now available from Unicare pharmacies and leading retailers nationwide. Visit [www.trilogyprouducts.com](http://www.trilogyprouducts.com) for details



Wind up microphone eco toy from The Contemporary Home



## \* What's hot in Celebville?

Designer reusable shopping bags from EnviroSax have graced the arm of yet another Tinseltown celeb. Jessica Alba, out shopping with daughter Honor in West Hollywood, was spotted doing her bit for the environment with her chic retro bag and now joins the ranks with Justin Timberlake, Jennifer Garner and Cynthia Nixon who have all become fans of the eco brand. To get yours, visit [www.envirosax.com](http://www.envirosax.com)



## \* Garden gourmet

Birdies will love to visit the Wildlife World Breakfast Bistro (£9.95, [Lakeland.co.uk](http://Lakeland.co.uk)) where they'll find a nutritional feast of raisins, sesame and pumpkin seeds, as well as all the other delicious nibbles they enjoy!

## Perfect for babies!

The No Scent Baby Wash & Shampoo in organic chamomile and aloe vera is



perfect for little ones with very sensitive skin as it protects young, delicate skin from dryness and irritation. The all-natural and pure product is made without SLS, parabens, lanolin, phthalates, artificial perfumes, petrochemicals and colourants – and it's great value as a little goes a long way. Available from [Greenpeople.co.uk](http://Greenpeople.co.uk)

**MUST HAVE THIS GROW YOUR OWN CHRISTMAS TREE KIT FROM [GETTINGPERSONAL.CO.UK](http://GETTINGPERSONAL.CO.UK)**



## Did you know...

Looking to save a fortune on cleaning products and be kinder to the environment? Then stock up on some store-cupboard essentials that will help you clean all manner of things – baking soda (deodoriser and non-abrasive scouring powder), beeswax (floor and furniture polish), citrus fruit like lemon or orange (grease cutter, deodoriser), olive oil (wood polisher) and toothpaste (metal polish). Not only do these homemade concoctions work well, but they're also inexpensive and completely non-toxic. As a result, many people are happily rediscovering these make-your-own cleaning products.